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April 5, 1999



Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing Kava under the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Herbal Authority, Herbs for Juniors, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, Select Herbals, US Nutrition, Vitamin World:

- Kava Kava helps promote a calm and relaxed feeling.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director, Nutrition Communications

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